

# » BEING an Authentic Practitioner

An opportunity for those in the people development & healing professions to re-ground themselves and explore the connections between their personal journey and their professional practice

We offer you a safe and contemplative space to listen to, and share with, like-minded professionals your personal reflections, questions, concerns and stories about the art of being fully present in your professional role(s).

## THE WORKSHOPS INVOLVE:

- How does your professional role stretch and challenge your sense of self?
- How is your personal journey affecting your professional practice?
- How do you feel about the way your professional practice aligns itself with your own personal integrity, meaning and authenticity?
- What is your work teaching you about the connection between your 'spiritual' and professional journeys?
- What are you learning about nurturing & sustaining yourself in both your personal & professional life?

We see this as a mutual opportunity for rest and nurturing in the context our often busy schedules and hope you will consider joining us. The chance to meet in the company of like-minded colleagues, without the need to 'do work'.

## WORKSHOP DETAILS:

**WHEN:** 9:45am — 12pm, on the first Wednesday of each month, starting 6th May.

**WHERE:** 'Upstairs Space' @ The Lindsay Centre — 58a Alma Road, Mt Lawley.

**COST:** \$88.00 (incl. GST) per session or discounted 'up-front rate' of \$440.00 for six sessions (incl. GST).

For inquiries and to register, please contact:

**Tony Africano** on 0411 221 887 or

**Kim Lisson** on 0412 126 147.

*Two hallmarks of a healthy life are the abilities to love and to work. Each requires imagination — Sigmund Freud*

## THE FACILITATORS' STORY...

Tony Africano and Kim Lisson first met over 12 years ago as fellow participants at The School of Philosophy. In addition to an immediate sense of deep personal connection as friends, they also shared the excitement and anxiety of beginning a major stage of their vocational journeys — Tony as a psychotherapist and Kim as coach.

Over the years they have maintained their connection and have continued to find an amazing story of coincidence as their personal and professional stories unfolded. In parallel, they undertook courses of professional development, experienced the 'ups and downs' of developing their respective practices, the disappointments of failed relationships and the exhilaration and joy of discovering love and fulfilling marriage.

As two men in their mid-40s they continue to face similar issues, including the prospect of later-life parenting and the maturation and re-birth of their careers.

And now, they again find themselves drawn to work together, this time to offer a space for professionals who, like them, enjoy exploring in a small group setting the nexus between their personal journey of learning and growth, and that of their professional paths.